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## BEGINNER BASICS – Finishing the Quilt

### DOUBLE FOLD BINDING

#### Stitching Binding to the Back (#13 of 13 videos)

##### Transcript:

Some people like to sew their binding down by machine. I have a hard time doing that. I like to hand stitch this either using a whip stitch or an applique stitch. I'll show you what each one of these stitches look like.

I have a needle threaded with a single strand of thread. I am using red so you can see better but normally I would use matching thread.

The first thing I like to do is to hide my knot in that seam allowance. Let me just go through the seam here. There's my knot.

And then I am going to take the binding. I want to move it all the way up to that stitching line and cover that. I don't like to use pins but you can pin this or there's special clips you can buy just for binding if you feel more comfortable. I like to take a little bite of the backing and I come through the binding. And I move over and take a little bite of the backing. This is the whip stitch or like a hemming stitch. Take a little bite of the binding and pull through.

I can actually load a couple of stitches onto my needle. I'll take a little bite of the back, a little bite of the binding, a little bite of the back, a little bite of the binding and then pull through. Now you'll notice you can see my stitches, and they are up on top. I like to use this when I am in a hurry because I can get pretty quickly around the back. Or if it is a wall hanging and nobody's going to see my stitches then that's OK. So that's the way I would use a whip stitch around the back.

If I am going to use an applique stitch I'll start it in the same way. I hide my knot. And I come up – I've taken a little bite right there and I go back. Instead of jumping over a little bit, I go back in the same spot that I came up. And then I jump over in the back. And now I am going to go down in the same – about the same area where I came up. I'll jump over a little bit. This stitch takes a little bit longer but your stitches will be hidden. So I will go down in the same spot into the back of the fabric and I use my needle here. I'm going to come over between an eighth and a quarter inch. You want to try to be consistent on your stitch length.

I've just taken a little bite out of that binding. Come up and I go down. Let me show you a close up of this. When I get to the corner, I like to take another stitch to hold it in place. So there's my first stitch and I'll take another one.

Now this corner has been mitered and it will automatically go down like this. Let me put my finger there. Do you see? And then when I turn it over, here is a nice mitered corner on this side. Usually at this point, I like to put a pin in here because it is difficult to hold that down. Or I said you might have some clips that you are using to get in that corner. Here's my... here's that 45 degree angle and what I like to do is take a stitch in that. And I'll take a second stitch just to keep it nice and snug. Some people like to then do an applique stitch through here but I do not think that is necessary. You can just continue stitching on.

Here's my completed table topper. I've finished stitching the binding all the way around the quilt. It sure feels good to have a project completed.